

**Herefordshire
Disability
United**



Network News

March 2013

Spotlight on PIPS



When to ring 111 instead of 999

HDU news:

Its hard to believe but Herefordshire Disability United has now been established for two years, and the AGM held on 20th March will realise a new era in the group's history. Understanding the necessity to become a charity we are in the process of registering for charitable status. With grants available being eagerly contested by so many organisations, we feel charitable status will open the door to other sources of finance.

Disability Positive Week in December brought together a range of people from all walks of life to provide an opportunity for disabled people to showcase their skills, raising awareness of inequality still apparent today. The bulk of events and promotion was organised by the Equality, Integration and Partnership Team at Hereford Council, however HDU was a key partner submitted the funding bids, managing income and expenditure and organising two of the events. This has given us more experience and contacts with whom to interact.

We are often approached by disabled people not knowing where to turn for simple advice, and signposting is becoming more common for us. I was approached to look at Lythe Court (a large entertainment venue for weddings and music) which is being renovated, and wanting to ensure their new toilets are indeed accessible as opposed to disabling/ disabled as usual found or referred to.

Knowledge is key and hopefully HDU continue to keep you informed as always.

Don't forget, we welcome articles from individuals and organisations to promote their stories or interests too. Please contact the Editor..... details on the back page.

NHS 111 is the new telephone number for the NHS starting in March



**when it's less
urgent than 999**

Provided in the West Midlands

by

NHS Direct

The number will be available 365 days a year to help patients when they:

- need medical help fast, but it's not a 999 emergency
- don't know who to call for medical help or they don't have a GP to call
- think they need to go to A&E or another NHS urgent care service
- require health information or reassurance about what to do next

This new number allows the public to access health care services easier



About

Herefordshire Disability United

Herefordshire Disability United is an organisation that has developed to voice the concerns of disabled people and to provide a platform where disability issues can be raised and policies developed.

Herefordshire Disability United (HDU) is an organisation run by people with disabilities for people with disabilities. It was started in January 2011 and its objectives are:

To promote the interests, welfare and social inclusion of disabled people living in Herefordshire by facilitating the following:

- Fostering understanding among policy-makers and practitioners of the needs and aspirations of disabled people.
- Taking part in consultations to make aware issues that affect persons with disabilities
- Raising awareness and debate on disability issues, stimulating the engagement of disabled people within that debate.
- Providing a platform where matters of concern to disabled people can be raised and policies developed.
- Making representations to public sector organisations, voluntary sector organisations, local and central government and local and national business to improve their policies and practices.
- Exchanging information with organisations providing services for disabled people, co-operating with but independent of such organisations.
- Providing information and sources of advice to disabled people.
- Combating discrimination on the grounds of disability by promoting equality of opportunity and a positive image of disabled people.
- Being a democratic, non sectarian, non party political organisation.

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Thanks for a grant from Hereford City Council towards Disability Positive Week held during December 2012

Editorial or advertising queries: Contact the editor on 07817 473813 or email info@hdu.org.uk

Contact: Herefordshire Disability United welcomes any feedback on Network News, or any of the services it provides.

Disclaimer: The views expressed in Network News are not necessarily those of Herefordshire Disability United.

Personal Independence Payments.....PIPs

PIP's latest shock

50 Metres rule changes to 20 metres!

Information taken from "Benefits & Work"

The final draft of the points system for personal independence payment (PIP) has now been published. It includes major changes to the Moving around activity, with all references to wheelchairs having been removed and the qualifying distance for higher rate mobility reduced to 20 metres. The daily living component has also undergone a number of changes, including the 'communicating' activity being divided into two separate activities.

Moving around

The previous draft of the mobility component made repeated references to the use of wheelchairs and motorised devices. However, the final version of the regulations refers only to using an aid or appliance and specifically requires that a claimant be able to 'stand and then move'. 'Stand' is defined in the regulations as 'stand upright with at least one biological foot on the ground'.

To get the 12 points required for higher rate mobility from the Moving around activity alone, a claimant will need to be unable to stand and then move more than 20 metres even when using an aid or appliance- such as a walking stick or walking frame - or receiving 'supervision, prompting or assistance'.



The full points scores for moving around are as follows:

- a. Can stand and then move more than 200 metres, either aided or unaided. 0 points
- b. Can stand and then move more than 50 metres but no more than 200 metres, either aided or unaided. 4 points
- c. Can stand and then move unaided more than 20 metres but no more than 50 metres. 8 points
- d. Can stand and then move using an aid or appliance more than 20 metres but no more than 50 metres. 10 points
- e. Can stand and then move more than 1 metre but no more than 20 metres, either aided or unaided. 12 points
- f. Cannot, either aided or unaided, –
 - (i) stand; or
 - (ii) move more than 1 metre. 12 points

Feature.....PIP delayed for indefinite DLA awards

The analysis estimates that, under PIP, 428,000 fewer working age disabled people will qualify for the higher PIP rate (which allows access to the Motability scheme) by 2018. This could lead to 160,000 fewer Motability cars on the road.

The timetable for moving working age disability living allowance (DLA) claimants onto personal independence payment (PIP) has been put back by two years, until after the next election, for people with indefinite or lifetime awards of DLA.

From April 2013

The new timetable will begin with a pilot from 8th April 2013 for new claims to PIP in the North West and part of the North East of England. Postcodes affected are: CA, CH (except CH5, CH6, CH7 and CH8), LA (except LA27, LA28, LA62 and LA63), CW, FY, L, PR, WA, WN, BL, DH, DL (except DL6, DL7, DL8, DL9, DL10 and DL11), M, NE, SR, and TS (except TS9).

From June 2013

From June 2013, all new claims from anyone aged 16-64 will be for PIP instead of DLA throughout the whole of Great Britain.

The only exception will be renewal claims from a fixed term DLA award which is due to expire before the end of February 2014, where the renewal claim will still be for DLA rather than PIP.

From October 2013

From October 2013 the following DLA recipients will begin to have to claim PIP:

Children turning 16 will have to claim PIP when their existing fixed term award is coming to an end.

People reporting changes of circumstances which might affect their rate of payment, such as an improvement or deterioration in their condition, but not issues like going into a care home or hospital or changing address.

People with a fixed-term DLA award which expires from the end of February 2014. Anyone who chooses to make an application for PIP, including people who have a fixed-term or indefinite award of DLA.

From October 2015

From October 2015, everyone still getting DLA will have to make a claim for PIP. Claimants will be selected randomly rather than by area or age, although the DWP say that they will "invite claims as early as possible from recipients who have turned 65 after 8 April 2013, when PIP was first introduced."

The DWP does not now expect to complete the reassessment of all existing DLA claimants for PIP until March 2018.

Feature.....Will this affect your Motability Car?



Motability Customer change of rules!



If you are an existing Motability customer, the Government's plans to replace the Disability Living Allowance (DLA) for all recipients aged 16 to 64 with a new benefit called **Personal Independence Payment (PIP)**, from 8 April 2013, may affect your eligibility to join the Scheme.

New rules for granting the **Higher Rate of Mobility Component** are based on a point system, and the distance you are able to "walk" which will be **50 not 20 metres**.

PIP and the Motability Scheme

The Motability Scheme will work with PIP in the same way as it does with DLA. Motability will continue to lease cars, powered wheelchairs and scooters to disabled people who receive either:

The Higher Rate Mobility Component of DLA

The Enhanced Rate of the Mobility Component of PIP (from April 2013) which will have the same value as the Higher Rate Mobility Component of DLA.

The War Pensioners' Mobility Supplement

If you are an existing DLA recipient who is awarded the Enhanced Rate of the Mobility Component of PIP, then your Motability lease will continue as you move from DLA to PIP.

If you are an existing DLA recipient who has not received the Enhanced Rate of the Mobility Component of PIP, you will not be eligible to use the Motability Scheme.

If this happens: The leasing agreement will end
Motability will arrange with you for the vehicle to be returned
Motability refunds any Advance Payment on a pro-rata basis e.g. if the agreement ended after one year of a three year lease, two-thirds of the Advance Payment would be refunded

Subject to terms and conditions, Motability may in some cases be able to offer the vehicle for sale to you.



Appealing the decision

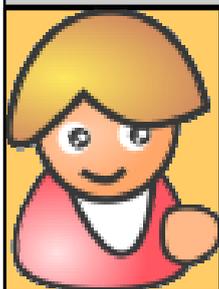


Customers will be able to appeal to the DWP if they disagree with the decision. However, DWP will not continue to make DLA payments while an appeal is being processed and so Motability will not be able to leave the vehicle with you. If the appeal is successful, you will of course be eligible to re-join the Scheme.

Note: DWP will send general information about PIP to all existing DLA claimants in February 2013. You do not need to make a claim for PIP until you are contacted by the DWP at some point between 2013 and 2018.

Local News...Strokes and the effect on Carers

The “Yes We Can Club” Carer’s view



This report focuses on the thoughts of those Carers/ Partners who accompany the members of the “Yes we can club” at our regular monthly support meetings. Time was taken to speak to them whilst their “charges” were enjoying some “conversation” in the same room. I was wary of separating them, but felt it might allow both sets of people to open up more and this indeed proved successful.

The group incorporates people at different stages of “after stroke” varying from a few months to a few years, and all are of the opinion that they had received good treatment from the NHS but, the huge void in services after going home compounds the difficulties in health they are trying to accept.

Staff in hospital/Hillside Unit do marvellous work but are so busy there isn’t the time or opportunity for carers to speak to them and understand treatment. The person who has had the stroke notices a feeling of being muddled and cannot tell their carer what they are feeling or undergoing, let alone explain the various exercises which they are being put through. Whilst the weeks of physio are planned, understanding them is another matter. If only this could continue once home with the aid of their families everyone might feel they are doing all things necessary to improve life after a stroke.

Feeling inadequate is how one Carer put it! Suddenly you have your loved one home, but have no understanding of future expectation, or the time scale of hoped for Improvement. Isolation can happen as the old life style is lost and friends no longer fit into the new.

Joining our new self-help club has opened the door of friendship by sharing experiences both by carers and those who have undergone a stroke. Communicating techniques are shared, with the obvious success of achievement matched by smiles of everyone present.

Similarly, carers are supporting each other and finding new openings or possibilities by chatting. Smiles are noticed as another client is able to make their feelings known either by use of a picture book or simple object. We are hoping to use music, art and gentle exercise to explore new routes to communication. In the warmer months perhaps outings will be possible. Volunteers are always welcome as are new members. Just contact using the details below.

Email: sylvia.nicholls@btinternet.com
 Ring: 07817 473 813
 By post: 39, Lea Villa Residential Park,
 Lea Nr Ross on Wye, Hereford, HR9 7GP



Remap...Custom made equipment for people with disabilities



Remap
making things possible

Remap exists to design and make, or adapt, equipment for people with disabilities where no suitable alternative is available. This service is provided free to you and is delivered entirely by volunteers.

Remap Herefordshire is one of more than 80 regional Panels, and the volunteers who visit you are experienced engineers or craftsmen with access to a wide variety of skills and expertise.

We prefer to work in conjunction with a health professional (for example an Occupational Therapist) so that the equipment we provide or modify does not compromise your health or well-being. It is important that you discuss your needs with them and that they are involved from the earliest stage.

For further details contact using any of the following methods:

- **Website:** <http://remapherefordshire.wordpress.com>
- ♦ **Email:** tom.remap@btinternet.com
- ♦ **Phone:** 01981 590737

Alzheimers research

Alzheimers latest Research

There's potentially some exciting things happening with research into Alzheimer's disease at the moment. The conventional wisdom has been that what initiates the dementia happens to all brain areas at approximately at the same time. Different areas of the brain may show Alzheimer's at different time, but they have all been targeted at the same time. In the same way, that if you sneeze on a bunch of people, they may all get sick, but not at the same time.

However there was a finding in April 2012 that when a person gets Alzheimer's they get dementia in one area, then another area. And there is a possibility that if it's a disease that spreads from one area to another, it could dramatically change how you treat it. If you can figure out a way to stop the spread, you can contain it".

This is taken from the BBC Focus magazine

HDU volunteers needed.....and Shop Mobility usage

Would you like to help Herefordshire Disability United expand ?

We are looking for volunteers to provide input at our committee meetings, assist at Open Meetings, or spread the word in Herefordshire.



If you think you could do any of these then please get in touch. We do pay reasonable travelling expenses.

Contact: sylvia.nicholls@btinternet.com or ring 07817 473813

Shop mobility



Shop Mobility services seem to be under used around the county, and is it because of the image associated with wheelchairs/ mobility scooters?

Despite the acceptance of disability nationwide, there still seems to be a divide in understanding.

For some there is the assumption that to be in a wheelchair it is not just your limbs which have limited ability, but your mind too. Others see the transition to using a wheelchair as defeat and not a benefit.

Whilst the majority of able bodied residents would never wish for the need of an electric wheelchair, once a permanent or temporary loss of mobility occurs, we shy away from something which could actually enhance the quality of life. By using such a device it opens up the ability to get around again, without the fear of falls or insecurity in moving about, being able again to look in shop windows or access the countryside.

If you are likely to feel self conscious in a wheelchair, you could try one in a different area to where you live. This might give an insight to their advantages.

For hire charges or information contact:

Herefordshire Mobility : 01432 342166

Leominster Mobility : 01568 616 755

Extra Open Meeting Report

Open Meeting Report

Mark Shrimpton of Disability Rights UK gave a presentation outlining the progress of disability rights since the passage of the first Disability Discrimination Act in 1995.



He said there had been some headway, with the employment gap between disabled and non-disabled people down by over 10% since 1998; disabled people who report transport difficulties down by 5%; more disabled people at university; good practice in some companies; independent living accepted in principle by all political parties, and latterly the positive Paralympic effect.

However, there is a long way to go. Disabled people are only now speaking up about the Savile allegations; the hostile environment of Winterbourne View was revealed; disabled people are twice as likely to live in poverty as non-disabled people; they are less able to afford fruit and vegetables or leisure activities. Access to work is reduced. And there are welfare benefits cuts to come.

Mark said Disability Rights UK had worked with over half a million people to give them advice and information (on PIP,

ESA, independent living, employment, sport, IT); given specialist advice to 6,600; tested new approaches to personal budgets, apprenticeships and leadership; secured a trial period for PIP, portability of social care/support, and access to work; and have involved over 5,000 in campaigns. Their objective is to mobilise disabled people's leadership and control. Mark added that their new website would feature expanded content on PIP, welfare rights, leadership and independent living, as well as downloadable booklets and impairment specific guides.

See www.disabilityrightsuk.org/ for more information.

His second presentation concerned using the law to challenge unlawful decisions. He outlined who could bring a challenge and how to fund it; how to challenge decisions by local authorities; and discussed case studies such as Hillingdon Day Centres and West Berkshire charging policy. For more information on public law, visit www.irwinmitchell.com/servicesforyou/adminpubliclaw

In answer to a question, Mark confirmed that his organisation will not work with ATOS (the company hired by the government to assess people's capacity to work), but that another company, Capita, had won a bid for assessment contracts, and Disability Rights UK was producing a leaflet for them. He said the government's aim was to reduce the number of claimants from DLA to PIP by 20%.

Extra Open Meeting Report



Onside Advocacy

Lyn Clarke, explained that Onside had been providing advocacy services in Worcestershire for 20 years, and that the organisation also undertakes inclusion projects. They tendered for the Herefordshire and Worcestershire advocacy contract in 2010, and won. This includes general advocacy services plus IMHA (Independent Mental Health Advocate and IMCA (Independent Mental Health Capacity Advocacy) services, and an Independent visitor Service. In October 2011 a children and befriender scheme started, and in July 2012 a generic advocacy service plus advocacy for people detained under the Mental Health Act was started.

The team emphasised that advocacy is about presenting people with choices and tapping into expertise where necessary. Onside has both paid and volunteer advocates, who are qualified to OCN Level 3 Advocacy Good Practise, and receive ongoing training to build skills and knowledge. Onside operates an open referral policy. Services are free and confidential. They work with any adult who is eligible for social services (i.e. critical or substantial needs only).

They are seeking funding above and beyond the council contract, to enable expanded service provision. There has been a big increase in referrals to do with

cutbacks, benefit changes and financial difficulties. More information is available on www.onside-advocacy.org.uk



Kidwells Advocacy

Ray Danenbergs, Advocacy and Pro Bono Adviser at Kidwells Law Solicitors, explained that his free advocacy services are funded by Kidwells. Some of the issues that may be covered by their pro bono (free) services include: a disputed Power of Attorney; inheritance problems; debt recovery; funding of care home places; work related disputes; victimisation or bullying at home or at work; and compensation claims. There is a consultation room at Kidwells in Rotherwas, and the first consultation is free.

Visit www.kidwellssolicitors.co.uk for further information.

Poignant thoughts at the end of the meeting

Roy Nicholls

Barbara Millman, on behalf of all attendees who knew him, paid tribute to the late Roy Nicholls, who had been such an inspiration to, and firm foundation of, Herefordshire Disability United.

She expressed the wish that we would all continue to work to fulfil his vision for disabled people.

Paws....autism and dogs for the disabled



PAWS (Parents Autism Workshops and Support) brings together parents of children with autism, to share experiences and explore the potential that a pet dog might have within the family.



The special chemistry shown between a child and dog through [Dogs for the Disabled](#)'s work providing assistance dogs for families with a child with autism, has led us to realise that whilst for some children there will be a clear need for a fully trained assistance dog, a well trained family pet dog can also have a massively beneficial impact.

Workshops

If you are considering getting a pet dog, then the workshops cover the pros and cons of getting a dog to help your child and your family.

The workshops are designed to provide parents with the information and long-term support for sourcing, choosing, handling and training a pet dog specifically to benefit a child with autism and the family as a whole.

Long-term Support

Following the workshops, the PAWS team will offer ongoing support to families, through a variety of media, from telephone support to an online forum and family support network.

This information taken from the website: www.paws.dogsforthe-disabled.org

For more details contact: 01295 759 836 or email katie.bristow-wade@dogsforthe-disabled.org

Why do Electric Wheelchairs set off shop alarms?

The most likely explanation relates to the store alarms triggered by small radio frequency tags stuck onto the products.

The tag contains a coiled antenna activated by radio waves from a transmitter near the shop's exit. A nearby receiver detects the signal from the tag, setting off the alarm.

It is possible that the wheelchair's electronics contain coils that happen to resonate at a similar frequency to that of the store alarm.

Information from the BBC Focus magazine



Lymphodema...affects those with limited disability or cancer patients

Lymphodema



Breast Cancer Support Centres

The Haven, Hereford provide, free of charge, a wide range of support and therapies to improve wellbeing with, and beyond, breast cancer.

Their specialist nurses and experts in nutrition, exercise, emotional support and complementary therapies provide individualised, in-depth programmes to help with the physical and emotional side effects of breast cancer treatment.

Contact : **The Hereford Haven,**
37, St Owen Street, Hereford, HR1 2JB
01432 361 061

Item available
from
their online shop

Healthy
Eating
from
The Haven
Kitchen

How Does Lymphodema Occur?

If for whatever reason, the lymphatic system is not working correctly, or the vessels are not draining adequately, the fluid in the tissues builds up.

Swelling occurs when the amount of fluid in an area, is greater than the capacity of the lymphatic system to transport it away.

Unfortunately, there is a general lack of medical knowledge and expertise in giving an early diagnosis and correct referral for treatment. Too often, doctors will claim that it is a trivial condition, which a person has to live with. In fact, Lymphoedema may often have an immense impact on a person's quality of life. Someone with Lymphodema will usually feel any of the following symptoms:

- ◆ Feeling of tightness/ heaviness in the limb, and can mean difficulty in mobility
- ◆ Thickening gradually of the skin on the affected limb.
- ◆ Deep aching pains or shooting pains up the limb;
- ◆ Aching buttocks (legs affected) or back of the shoulder (arms affected))
- ◆ Pins and needles in the limb;
- ◆ Tightness or tenderness in the elbow or back of the knee
- ◆ Pains in the joints (e.g. elbow, knee and ankle), similar to arthritis leading to incorrectly diagnosis
- ◆ Tenderness in the groin of the affected leg;
- ◆ "Blown-up" abdomen if a leg is affected or in "lymphoedema-all-over";
- ◆ The limb or affected areas are warmer /redder than other parts - this may suggest an infection which must be treated immediately
- ◆ An intolerance to heat, especially in the affected limb (possibly in the bath/ sauna/hot climate)
- ◆ Clothes or shoes no longer fit properly.
- ◆ Fatigue sets in.

National Dignity Day event 1st February

No matter whom you are, where you live, who you employ or are employed by we all recognise the difference that being shown dignity, respect and understanding has on how we feel as individuals.

Why is supporting working carers so important now?

Most people's lives will include at least one episode of caring. Already 1 in 7 people in your workforce will be caring for someone who is ill, frail or has a disability and with the number of carers in the UK set to rise from 6 million to 9 million over the next 30 years, the proportion of carers in your workforce is also likely to increase significantly.

ACT (The Association for Care Training) are a small 'not for profit' organisation that primarily supports Health and Social Care providers across Herefordshire and Worcestershire to provide better outcomes for people who may use those services. We are involved in a variety of different projects, one being promoting Dignity and treating people with respect.



The event held at Hereford United Football club recognised what Herefordshire are doing to promote Dignity. Our Keynote speaker Simon Weston OBE was truly inspirational and well received by over 140 delegates.

The day opened by Cllr Olwyn Barnett, The Chairman of Herefordshire Council followed by Clive Richards OBE (one of the local sponsors). We heard from Claridge Care Homes on how they promote Dignity for people living with Dementia. Luke Graham, Hereford United Captain, spoke about what Hereford United do to support the local community. Cllr Barnett opened the afternoon session which was dedicated to Carers in the Workforce. Cllr Nick

Nenadich continued by talking about his dedication to working with local community groups, encouraging outreach in the county. Victoria Preece, Partnership Manager ACT gave a presentation which focused on the importance of recognising working carers within staff teams. Family Carers from Herefordshire also gave their presentation on the challenges they have faced. During the session delegates from Butlins contributed by speaking of their support for young carers. The day ended with Peninsula giving a humorous but enlightening presentation on what HR provision is available to support employers and carers in the workforce.

The day was a true inspiration and there has been excellent feedback; we intend to run another event shortly. ACT may also be able to support you with accessing learning and development opportunities, funding and also recruiting into your organisation. Please contact us on 01905 420715. Or visit www.acthub.co.uk



Hereford Council take legal action.....info from their website

Rogue gardener fined for targeting vulnerable adults



A rogue gardener from Hereford has been fined for targeting vulnerable residents.

Tom Dean Price of 2 Trilleck Avenue, Hereford pleaded guilty to six consumer protection offences in a case taken to the Hereford Magistrates Court by the council's trading standards service on Tuesday 22 January.

Price, trading as Your Local Garden Service, had in July last year, cold called an elderly disabled couple in Hereford offering to weed their front garden for £85. He then persuaded them to have the rear garden done too and tried to charge four times as much. When they couldn't pay the full amount, he took a jar of coins from the kitchen in lieu of payment which amounted to around £40.



In another cold calling incident, Price pretended to have dug out the roots of a number of bushes, but had merely dug holes next to them and covered the roots up. This was Mr Price's first rogue trader conviction. He was fined and ordered to pay compensation and costs totaling £1015.

Herefordshire Council's head of consumer and business protection, Mike Pigrem, said: "This is one of many rogue trader incidents that we have uncovered over the last year. Tackling rogue trading is a key priority for the council and we are committed to protecting the vulnerable from such practices. Any rogue traders should be aware that the council will do all we can to bring them to justice.

"People are advised never to deal with anyone who cold calls them at the door or over the telephone. There are no exceptions to this rule as virtually all rogue trading is operated in this way.

"If you need any property repairs, then we advise consulting the council's trader register at www.traderregister.org.uk/herefordshire

Editor's Note:

The Herefordshire Trader Register enables contractors who wish to provide good quality service the tools to connect with potential customers. The registration process enables Herefordshire Council to carry out basic checks and ensures that traders have signed up to a Code of Conduct. Contractors can register their business for free and can also sign up for enhanced membership through the Trust Mark scheme. For more details contact Ring 01432 260746 or email: psh@herefordshire.gov.uk



Useful Contacts

NHS Herefordshire

Patient Advice and Liaison Service

Franklin House
4 Commercial Road
Hereford
HR1 2BB
Office Tel No: 01432 260263
Mobile Tel No: 07971 315709
Email: enquiries@herefordpct.nhs.uk

Equality and Human Rights Commission

Freepost RRLL-GHUX-CTRX, Arndale House,
Arndale Centre, Manchester, M4 3AQ
Tel: 0845 6046610 Textphone: 0845 604 6620
Website: www.equalityhumanrights.com

RADAR

12 City Forum, 250 City Road, London, EC1V 8AF
Tel: 020 7250 3222 Minicom: 020 7250 4119
Email: radar@radar.org.uk

NHS Direct Tel: 0845 4647

Wye Valley NHS Trust

The County Hospital
Union Walk
Hereford
HR1 2ER
Tel: 01432 355444

Wye Valley NHS Trust Community Health

Vaughan Building
Ruckhall Lane
Belmont
Hereford
HR2 9RP
Tel: 01432 344 344

Herefordshire Council and NHS Herefordshire

Social Services Adult Duty Desk
Office hours 9am - 5pm
Office Tel No: 01432 260000
Email:
LocalityAccess-Point@herefordshire.gov.uk

Details of the next
Open Meeting in June
will be on our website.

Other events are planned too.

www.herefordshiredisabilityunited.org.uk

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