



Complimentary Dementia Training

Training is available for Herefordshire residents who support Armed Forces Veterans, and families of Veterans aged 65 years and over. This training is being delivered by the Alzheimer's Society as part of the Herefordshire Aged Veteran Health and Wellbeing Project.

The training will provide the following:

- a. Implement the 3 key themes of the National Dementia Strategy,
- b. Deliver the Action Points of Opportunity for Change
- c. Support NHS England strategic priorities and outcomes
- d. Support Older Peoples Strategies and Action Plans
- e. Improve the wellbeing of the aged veterans living with dementia
- f. Enable aged veterans live independently for longer, in a supportive community

Who's eligible to attend

- a. Employees/volunteers of statutory, voluntary and community organisations working with Armed Forces Veterans 65 year +
- b. Family members supporting an Armed Forces Veteran who is 65 years +
- c. Carers working with Armed Forces Veteran who are 65 years +
- d. Aged Veterans 65 years and over who are carers
- e. Aged Veterans who are 65 years and over with a family member with dementia

Once trained the delegate will be able to utilise their new skills and knowledge to support people with dementia.

To book a place please contact DMWS via e-mail: jwalker@dmws.org.uk or byoung@dmws.org.uk
Priority given to those wishing to sign up for both courses.

Places are limited to 16.

These courses will be the last chance to take this training at no cost to yourself or your organisation.

Course Details:

Stage 1: Friday 01st March 2019, **Stage 2:** Thursday 21st March 2019

Time: 09.00 hour to 16.30 hours. **Lunch not provided**

Venue: Hereford Carers Support
Berrows Business Centre
Bath Street
Hereford
HR1 2HE. **Telephone number 01432 356068**

The service has been funded by the Aged Veterans Fund – funded by the Chancellor using Libor Funds.



No Car parking available. There are a number of pay and display carparks in the vicinity. Course members must make themselves aware of the fire exit locations, fire extinguisher locations, accident book, first aid kit and fire assembly point. In the event of a fire, the Centre should be evacuated in an orderly manner using the appropriate exits.

Stepping Inside Dementia (Stage 1)- Enables participants to understand the unique ways that dementia affects people and how it can impact on everyday life, including how to apply evidence based practical tools for building positive and inclusive relationships with clients with dementia. Delegates will develop a deeper empathy and given practical tools that they can use to build positive relationships with people with dementia.

- a. Identify characteristics of dementia
- b. Identify how dementia can impact on everyday life
- c. Examine attitudes towards dementia
- d. Examine our responses to situations

Please note that there is an **Assessment** at the end of the Stepping inside Dementia Course –to gain the Alzheimer’s Society Foundation certificate/badge, candidates must pass an assessment at the end of the course (multiple choice, externally verified). The badge/certificate paid for under the course funding.

Meaningful Engagement–Practice Development Training (Stage 2) – following on from Stepping Inside programme, provides participants with evidence and understanding about the link between meaningful engagement and wellbeing, and learn how to make a baseline assessment of peoples’ experiences of dementia and of their treatment setting. The assessment approach can be used to measure impact of practice development. Participants explore techniques to help them to connect with people with dementia; including how to use person centred planning to support people to use their skills through meaningful engagement.

- a. The need for meaningful occupation
- b. Identify ways of providing occupation to support the individual
- c. Importance of individual’s background
- d. Identify barriers and how to overcome them
- e. Demonstrate good communication and value of conversation
- f. Identifying and managing risk



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